

July, 2015

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
Center is open Monday-Friday 9 a.m.—1 p.m.	Birthdays In Blue 	1 Blood Pressure Check July 4th/Summer Celebration 	2 Nine Hole Golf & Rummikub Bill Kerr 5 John McDonough	3 Closed! 
6 Bingo & Bridge	7 Nutritional Information WII Bowling Leroy Willis 	8 Chair Exercise 11:15	9 Bingo & Canasta	10 Word Games
13 Bingo & Bridge 	14 Rummikub	15 Chair Exercise 11:15 Bunnie Minot	16 Nutritional Information Games	17 Games
20 Bingo & Bridge	21 Nutritional Information Bingo & Uno	22 Chair Exercise 11:15 Buddy Jones	23 Rook Canasta Sarah Lang 	24 Ship Information Games Jack Copeland
27 Nutritional Information Games Linda Plummer Larry Richardson	28 Games	29 Chair Exercise 11:15 	30 Card Games	31 Day trip to Amish Bakery in Falkville 

Noon Meal



Summer 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>God bless</i></p> <p>A M E R I C A</p> <p><i>...land that I love.</i></p>		<p>Special Meal 1 1</p> <p>Chef Salad: Diced Ham Chef Salad Mix Italian Dressing - 2 Three Bean Salad Wheat Breadstick Margarine Strawberry Cake Milk</p>	<p>Theme Menu 2</p> <p>Hamburger/Bun Baked Beans Coleslaw/Carrots Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Banana Pudding/Wafers Milk</p>	<p>3</p> <p>Have a Happy 4TH of JULY</p> <p>CENTERS CLOSED</p>
<p>Menu 1 6</p> <p>Chop Steak/Gravy Whipped Potatoes Green Peas Applesauce Wheat Roll Margarine Oatmeal Crème Pie Milk</p>	<p>Menu 2 7</p> <p>Cranberry Juice Baked Ham Whipped Sweet Potatoes Spinach Wheat Bread Margarine Chocolate Cake Milk</p>	<p>Menu 3 8</p> <p>Spaghetti Casserole Green Beans Tossed Salad/Ranch Dressing Fresh Fruit Wheat Breadstick Margarine Assorted Snack Cakes/Cookie Milk</p>	<p>Menu 4 9</p> <p>Grape Juice Smoked Sausage/Bun Red Beans & Rice Coleslaw Diced Onions Mustard Cherry Fruited Gelatin Milk</p>	<p>Menu 5 10</p> <p>Tomato Juice Vegetable Plate: Macaroni & Cheese Field Peas/Snaps Collard Greens Cornbread Margarine Sugar Cookies - 2 Milk/Buttermilk</p>
<p>Menu 6 13</p> <p>Blended Juice BBQ Rib Patty Butter Beans Broccoli/Carrots Wheat Bread Margarine Nutty Buddy Milk</p>	<p>Menu 7 14</p> <p>Orange Juice Sausage Patty - 2 Hashbrown Casserole Applesauce Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk</p>	<p>Menu 8 15</p> <p>Turkey/Cheese Sandwich Sliced Turkey/Cheese Lettuce/Tomato Wheat Bread - 2 Carrot Raisin Salad Fresh Fruit Mayonnaise/Mustard Lemon Pudding Milk</p>	<p>Menu 9 16</p> <p>Apple Juice Smothered Chicken Delmonico Potatoes Turnip Greens Cornbread Margarine Birthday Cake Milk/Buttermilk</p>	<p>Menu 10 17</p> <p>Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk</p>
<p>Menu 11 20</p> <p>Orange Juice Chicken Alfredo Country Corn Baby Carrots Whole Wheat Bread Margarine Oatmeal Cookies - 2 Milk</p>	<p>Menu 12 21</p> <p>Grape Juice Hot Dog/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk</p>	<p>Menu 13 22</p> <p>Teriyaki Meatballs-3 Fried Rice Broccoli/Cheese Fresh Fruit Wheat Bread Margarine Strawberry Fruited Gelatin Milk</p>	<p>Menu 14 23</p> <p>BBQ Chicken Diced Blackeyed Peas Rutabagas Sliced Peaches Hamburger Bun Yellow Cake Milk</p>	<p>Menu 15 24</p> <p>Blended Juice Meatloaf/Tomato Sauce Lima Beans Mixed Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk</p>
<p>Menu 16 27</p> <p>Orange Juice Sausage Patty - 2 Cheese Grits Hot Spiced Apples Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk</p>	<p>Menu 17 28</p> <p>Chicken Soft Taco Diced Chicken Taco Meat Taco Salad Mix Flour Tortilla Mexican Corn Black Beans Taco Sauce Marble Cake Milk</p>	<p>Menu 18 29</p> <p>Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p>Menu 19 30</p> <p>Grape Juice Ham & White Beans Mustard Greens Diced Pears Cornbread Margarine Chocolate Chip Cookies-2 Milk/Buttermilk</p>	<p>Menu 20 31</p> <p>Apple Juice Mozzarella Chicken Whole Grain Penne/Tomatoes Green Beans/Red Peppers Wheat Breadstick Margarine Lime Gelatin Milk</p>

