



December, 2014



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors






Mon	Tue	Wed	Thu	Fri
1 Bingo and Bridge	2  Games	3 Chair Exercise 11:15 Games	4 Games  Sarah Cox	5 Games
8 Bingo and Bridge	9  Games Lily Wood	10 Off to Nashville  Games	11 Good bye Nashville Games	12 Center Christmas Party 
15 Nutritional Information Bingo and Bridge	16  Games	17 Chair Exercise 11:15 Games	18  Games	19 Devotional with Beth 
22 Bingo and Bridge	23 Games 	24 Closed Barbara Rhodes	25 <i>Merry Christmas</i> 	26 Closed
29 Closed 	30 Closed	31 Closed	Center will re-open Monday, January 5, 2015	December Birthdays In RED 

Happy 2015 New

DECEMBER

ADSS NUTRITION PROGRAM

FALL 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 6 1 Cranberry Juice Taco Soup Confetti Carrots Cabbage Saltine Crackers Margarine Oatmeal Crème Pie Milk	Menu 7 2 Breaded Pork/Brown Gravy Ranch Potatoes Turnip Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk	Menu 8 3 Apple Cherry Juice Frankfurter/Bun Baked Beans Macaroni Salad/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	Menu 9 4 Grape Juice Chicken Pot Pie Okra and Tomatoes Brussels Sprouts Whole Wheat Bread Margarine Strawberry Gelatin Milk	Menu 10 5 Meatballs (3)/Spaghetti Sauce Penne Pasta Italian Vegetables Fresh Fruit Wheat Breadstick Margarine Birthday Cake Milk
Menu 11 8 Orange Juice Stuffed Pepper Casserole Peas and Carrots Rosey Applesauce Wheat Breadstick Margarine Chocolate Cake Milk	Menu 12 9 Ham and White Beans Buttered Rice Mustard Greens Fresh Fruit Cornbread Margarine Vanilla Goldfish Cookie Milk/Buttermilk	Menu 13 10 Grape Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Corn and Limas Whole Wheat Bread Margarine Oatmeal Cookies - 2 Milk	Menu 14 11 Taco Salad: Taco Meat Salad Mix/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Orange Gelatin Milk	Menu 15 12 Orange/Pineapple Juice Baked Chicken Thigh Delmonico Potatoes Mixed Vegetables Whole Wheat Bread Margarine Banana Pudding Milk
Menu 16 15 Cranberry Juice Chicken Noodle Casserole Green Beans Garden Vegetables Whole Wheat Bread Margarine Fig Bar Milk Alt: Chicken and Dumplings	Menu 17 16 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 18 17 Grape Juice Chili with Beans Country Vegetables Fresh Fruit Saltine Crackers Margarine Sugar Cookies - 2 Milk	Menu 19 18 Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	Theme Menu 2 19 Glazed Ham Candied Sweet Potatoes Green Beans/Mushrooms Christmas Fruit Cup Wheat Roll Margarine Coconut Cake Assorted Milks
Menu 1 22 Baked Chicken Thigh Lima Beans Buttered Carrots Pineapple Tidbits Whole Wheat Bread Margarine Assorted Snack Cakes Milk	Menu 2 23 Apple Juice Smoked Sausage Ranch Beans Spring Vegetables Diced Onions Hot Dog Bun Mustard Cherry Gelatin Milk	24  Christmas Holiday Centers Closed	25  Centers Closed	26  Christmas Holiday Centers Closed
29 Christmas Holiday Centers Closed	30 Christmas Holiday Centers Closed	31  New Year's Eve Centers Closed		<i>Center Closed</i>