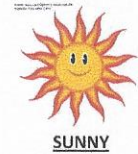




August, 2015



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<p>3 Bingo & Bridge</p> <p>8/2 Aylia Shadix Beth Petty</p>	<p>4 Trivia</p>	<p>5 Blood Pressure Check</p> <p>Chair Exercise</p> <p>11:15</p>	<p>6 Nine Hole Golf & Rummikub</p>	<p>7 Free Frosty Friday</p> 
<p>10 Bingo & Bridge</p> <p>Ottis Murphy</p>	<p>11 Nutritional Information</p> <p>WII Bowling</p> <p>Brenda Barber</p> 	<p>12 Chair Exercise</p> <p>11:15</p>	<p>13 Bingo & Canasta</p>	<p>14 Word Games</p> <p>WII Bowling</p>
<p>17 Bingo & Bridge</p>	<p>18 Rummikub</p> <p>Betty Demsky</p> 	<p>19 Lunch at Pizza Hut</p> <p>Leave at 10:45</p> 	<p>20 Nutritional Information Games</p> 	<p>21 Games</p> 
<p>24 Bingo & Bridge</p>	<p>25 Nutritional Information</p> <p>Bingo & Uno</p>	<p>26 Chair Exercise</p> <p>11:15</p>	<p>27 Rook Canasta</p>	<p>28 Ship Information Games</p> <p>Bob Peacock</p>
<p>31 Nutritional Information Games</p> <p>Louise Stewart</p>	<p>Cool</p>  <p>Yummy!</p>		<p>Center is open Monday-Friday 9 a.m.—1 p.m.</p>	<p>Birthdays In Orange</p> 

NOON MEAL



SUMMER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 1 3 Chop Steak/Gravy Whipped Potatoes Green Peas Applesauce Wheat Roll Margarine Oatmeal Crème Pie Milk	Menu 2 4 Cranberry Juice Baked Ham Whipped Sweet Potatoes Spinach Wheat Bread Margarine Chocolate Cake Milk	Menu 3 5 Spaghetti Casserole Green Beans Tossed Salad/Ranch Dressing Fresh Fruit Wheat Breadstick Margarine Raisin Crème Pie Milk	Menu 4 6 Grape Juice Smoked Sausage/Bun Red Beans & Rice Coleslaw Diced Onions Mustard Cherry Fruited Gelatin Milk	Menu 5 7 Tomato Juice Vegetable Plate: Macaroni & Cheese Field Peas/Snaps Collard Greens Cornbread Margarine Sugar Cookies - 2 Milk/Buttermilk
Menu 6 10 Blended Juice BBQ Rib Patty Butter Beans Broccoli/Carrots Wheat Bread Margarine Nutty Buddy Milk	Menu 7 11 Orange Juice Sausage Patty – 2 Hashbrown Casserole Applesauce Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk	Menu 8 12 Turkey/Cheese Sandwich Sliced Turkey/Cheese Lettuce/Tomato Wheat Bread - 2 Carrot Raisin Salad Fresh Fruit Mayonnaise/Mustard Lemon Pudding Milk	Menu 9 13 Apple Juice Smothered Chicken Delmonico Potatoes Turnip Greens Cornbread Margarine Birthday Cake Milk/Buttermilk	Menu 10 14 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk
Menu 11 17 Orange Juice Chicken Alfredo Country Corn Baby Carrots Whole Wheat Bread Margarine Oatmeal Cookies - 2 Milk	Menu 12 18 Grape Juice Hot Dog/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	Menu 13 19 Teriyaki Meatballs-3 Fried Rice Broccoli /Cheese Fresh Fruit Wheat Bread Margarine Strawberry Fruited Gelatin Milk	Menu 14 20 BBQ Chicken Diced Blackeyed Peas Rutabagas Sliced Peaches Hamburger Bun Yellow Cake Milk	Menu 15 21 Blended Juice Meatloaf/Tomato Sauce Lima Beans Mixed Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk
Menu 16 24 Orange Juice Sausage Patty – 2 Cheese Grits Hot Spiced Apples Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk	Menu 17 25 Chicken Soft Taco Diced Chicken Taco Meat Taco Salad Mix Flour Tortilla Mexican Corn Black Beans Taco Sauce Marble Cake Milk	Menu 18 26 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 19 27 Grape Juice Ham & White Beans Mustard Greens Diced Pears Cornbread Margarine Chocolate Chip Cookies-2 Milk/Buttermilk	Menu 20 28 Apple Juice Mozzarella Chicken Whole Grain Penne/Tomatoes Green Beans/Red Peppers Wheat Breadstick Margarine Lime Gelatin Milk
Menu 1 31 Chop Steak/Gravy Whipped Potatoes Green Peas Applesauce Wheat Roll Margarine Oatmeal Crème Pie Milk				