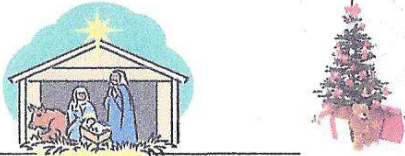






DECEMBER, 2012



Senior Activity Center Clay, AL 681-0238 Linda Love, Director

Mon	Tue	Wed	Thu	Fri
3 Games Bingo Foot Solutions-Diabetic Shoe Co. here	4 Lots of Games Carol Foster to display and sell her Christmas Scenery and other items today. Advisory Board 1:00	5 Games Elmcroft Assisted Living coming here for Christmas gathering with us.	6 Games Christmas games ??????????	7 Game Gadsden shopping and Out to Eat for Lunch-Sign Up
10 Games Bingo Al Mahen to entertain us "You have really enjoyed him before"	11 Games and More	12 Games Tammy to visit with Andy Griffith Trivia	13 Games Fun with Linda P.	14 Games Night ride to see Christmas Lights & evening out to eat "Sign Up"
17 Games Bingo Come have your nails done by Regina and Chastity-Their Christmas gift to you.	18 Games and More	19 Games Newman Evans "Old Man River" to entertain us 11:00	20 Games Make Candy Cane Reindeer to take home	21 Christmas Party Santa to visit Along with Belinda and Beth's Devotion-Bring Snacks—Sign Up
24 Closed	25 Merry Christmas 	26 Closed	27 Center Open From 9:00—11:30 No ClasTran Service	28 Closed
31 Closed	January 1, 2013 Closed 	January 2 Center reopens full schedule 9:00 a.m.		

DECEMBER

ADSS NUTRITION PROGRAM

FALL 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Menu 6</u> 3</p> <p>Orange Juice Brunswick Stew Buttered Rice Hot Sliced Apples Whole Wheat Bread Margarine Fig Bar Milk</p> <p>Alternate: Beef Stew</p>	<p><u>Menu 7</u> 4</p> <p>Blended Juice Breaded Pork Patty/Brown Gravy Whipped Sweet Potatoes Collard Greens Cornbread Margarine Lemon Pudding Milk/Buttermilk</p>	<p><u>Menu 8</u> 5</p> <p>Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Orange Gelatin Milk/Chocolate Milk</p>	<p><u>Menu 9</u> 6</p> <p>Cranberry Juice Chicken and Tortilla Dumplings Peas & Carrots Cold Country Tomatoes Wheat Bread Margarine Fudge Round Milk</p>	<p><u>Menu 10</u> 7</p> <p>Meatballs (3)/Spaghetti Sauce Penne Pasta Italian Vegetables Fresh Fruit Wheat Roll Margarine Yellow Cake Milk</p> <p><i>15 Pancakes</i></p>
<p><u>Menu 11</u> 10</p> <p>Grape Juice BBQ Chicken Breast Butter Beans Brussels Sprouts/Cheese Sauce Wheat Bread Margarine Chocolate Cake Milk</p>	<p><u>Menu 12</u> 11</p> <p>Orange/Pineapple Juice Meatloaf/Tomato Gravy Whipped Potatoes Mixed Vegetables Wheat Bread Margarine Strawberry Gelatin Milk</p>	<p><u>Menu 13</u> 12</p> <p>Grilled Pork Patty/Brown Gravy Rutabagas Turnip Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk</p>	<p><u>Menu 14</u> 13</p> <p>Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 15</u> 14</p> <p>Tomato Juice Honey Mustard Chicken Strips(3) Country Corn Buttered Beets Whole Wheat Bread Margarine Tropical Fruit Milk</p>
<p><u>Menu 16</u> 17</p> <p>Cranberry Juice Chicken Noodle Casserole Green Beans Scalloped Tomatoes Whole Wheat Bread Margarine Assorted Snack Cakes/Cookies Milk</p>	<p><u>Menu 17</u> 18</p> <p>Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 18</u> 19</p> <p>Sliced Turkey/Gravy Cornbread Dressing California Vegetables Fresh Fruit Texas Bread Cranberry Sauce Margarine Cranberry Congealed Salad Milk</p>	<p><u>Menu 19</u> 20</p> <p>BBQ Rib Patty Delmonico Potatoes Mixed Greens Sliced Peaches Cornbread Margarine Birthday Cake Milk/Buttermilk</p>	<p><u>Theme Menu 2</u> 21</p> <p>Baked Ham Candied Sweet Potatoes Green Beans/Mushrooms Christmas Fruit Cup Whole Wheat Bread Margarine Coconut Cake Assorted Milks</p>
<p>24</p> <p>Christmas Holiday Centers Closed</p>	<p>25</p> <p>Christmas Holiday Centers Closed</p>	<p>26</p> <p>Christmas Holiday Centers Closed</p>	<p>27</p> <p>Christmas Holiday Centers Closed</p>	<p>28</p> <p>Christmas Holiday Centers Closed</p>
<p>31</p> <p>New Year's Eve Centers Closed</p>				