







# June, 2015



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<b>1</b> <b>Bingo &amp; Bridge</b> 	<b>2</b> <b>Bingo &amp; Uno</b>	<b>3</b> <b>Blood Pressure Check</b> <b>Chair Exercise 11:15</b>	<b>4</b> <b>Nine Hole Golf &amp; Rummikub</b> <small>George Strobel</small>	<b>5</b> <b>Games</b> 
<b>8</b> <b>Bingo &amp; Bridge</b>	<b>9</b> <b>Nutritional Information</b> <b>WII Bowling</b> 	<b>10</b> <b>Chair Exercise 11:15</b>	<b>11</b> <b>Bingo &amp; Canasta</b> <small>Martha Howell</small>	<b>12</b> <b>Chain Reaction Word Game</b>
<b>15</b> <b>Bingo &amp; Bridge</b> 	<b>16</b> <b>Rummikub</b>	<b>17</b> <b>Chair Exercise 11:15</b>	<b>18</b> <b>Nutritional Information Games</b>	<b>19</b> <b>Father's Day Celebration</b>
<b>22</b> <b>Bingo &amp; Bridge</b>	<b>23</b> <b>Nutritional Information</b> <b>Bingo &amp; Uno</b>	<b>24</b> <b>Trip to Dolceto Rock Quarry 10-11:30 &amp; Lunch at the Cedar House Restaurant</b>	<b>25</b> <b>Rook Canasta</b>	<b>26</b> <b>Ship Information Games</b>
<b>29</b> <b>Nutritional Information Games</b>		<b>Birthdays In Purple</b> 		<b>Center is open Monday-Friday 9 a.m.—1 p.m.</b>

**JUNE**

Noon Menu  
**ADSS NUTRITION PROGRAM**

SPRING 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Menu 1</b> 1 Grape Juice Chicken Tetrizzini Hot Country Tomatoes Green Peas Wheat Roll Margarine Spiced Apples Milk	<b>Menu 2</b> 2 Orange Juice BBQ Rib Patty Butter Beans Baby Carrots Texas Bread Margarine Butterscotch Pudding Milk	<b>Menu 3</b> 3 Italian Mac Casserole Broccoli/Cheese Sauce Tossed Salad/Ranch Dressing Fresh Fruit Wheat Breadstick Margarine Fudge Crème Cookie Milk	<b>Menu 4</b> 4 <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk	<b>Menu 5</b> 5 Orange/Pineapple Juice Smothered Chicken Breast Whipped Potatoes Turnip Greens Cornbread Margarine Birthday Cake Milk/Buttermilk
<b>Menu 6</b> 8 Orange Juice Chicken Alfredo Country Corn Parslied Carrots Wheat Breadstick Margarine Strawberry Cake Milk	<b>Menu 7</b> 9 Teriyaki Meatballs (3) Fried Rice Green Beans/Red Peppers Fresh Fruit Whole Wheat Bread Margarine Cherry Gelatin Milk	<b>Menu 8</b> 10 Apple Juice Hot Dog/Bun Baked Beans Macaroni Salad/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	<b>Menu 9</b> 11 Blended Juice Ham & White Beans Okra & Tomatoes Collard Greens Cornbread Margarine Sugar Cookies – 2 each Milk/Buttermilk	<b>Menu 10</b> 12 BBQ Chicken/Bun Purple Hull Peas Creole Cabbage Peaches/Pears Nutty Buddy Milk
<b>Menu 11</b> 15 Grape Juice Meatloaf/Brown Gravy Delmonico Potatoes Brussels Sprouts Whole Wheat Bread Margarine Oatmeal Crème Pie Milk	<b>Menu 12</b> 16 Chicken Cacciatore Buttered Rice Mixed Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk	<b>Menu 13</b> 17 Orange Juice Ham/Raisin Sauce Whipped Sweet Potatoes Cabbage Whole Wheat Bread Margarine Cranberry Congealed Salad Milk	<b>Menu 14</b> 18 <b>Chicken Soft Taco</b> Diced Chicken Taco Meat Taco Salad Mix Flour Tortilla Mexican Corn Black Beans Taco Sauce Chocolate Cake Milk	<b>Menu 15</b> 19 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk
<b>Menu 16</b> 22 Cranberry Juice Beef Tips/Rice Club Spinach Rutabagas Wheat Roll Margarine Oatmeal Cookies – 2 each Milk	<b>Menu 17</b> 23 Orange Juice Chicken Pot Pie Zucchini/Tomatoes Rosey Applesauce Wheat Breadstick Margarine Fig Bar Milk	<b>Menu 18</b> 24 Chopped Steak/Gravy Country Potatoes Green Peas/Onions Sliced Peaches Wheat Roll Margarine Yellow Cake Milk	<b>Menu 19</b> 25 Tomato Juice <b>Vegetable Plate:</b> Macaroni & Cheese Black Eyed Peas Mustard Greens Cornbread Margarine Chocolate Chip Cookies-2 each Milk/Buttermilk	<b>Menu 20</b> 26 Smoked Sausage/Bun Ranch Beans Coleslaw Fresh Fruit Diced Onions Mustard Strawberry Fruited Gelatin Milk
<b>Menu 1</b> 29 Grape Juice Chicken Tetrizzini Hot Country Tomatoes Green Peas Wheat Roll Margarine Spiced Apples Milk	<b>Menu 2</b> 30 Orange Juice BBQ Rib Patty Butter Beans Baby Carrots Texas Bread Margarine Butterscotch Pudding Milk		