







# March, 2013

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
Center is open Monday-Friday 9 a.m.—1 p.m.				<b>1</b> Morning Devotional With Beth 11:00
<b>4</b> Bingo & Bridge 	<b>5</b> Games Health notes With Linda 	<b>6</b> Exercise & Games	<b>7</b> <u>Pizza Hut Buffet</u> 	<b>8</b> Games Visit with Clay's Assistant Librarian Joy at 11:00
<b>11</b> "What's your Middle Name Game?"	<b>12</b> Games	<b>13</b> Bailey's Auto & Tire here @ 11:00 	<b>14</b> Health Notes with Linda	<b>15</b> *St. Patrick's Day* fun <b>WEAR GREEN</b> Cracker Barrel for lunch 
<b>18</b> Games Stuff eggs for Clay Library Egg Hunt	<b>19</b> Games 	<b>20</b> <b>Bobby Harris</b> Hearing & vision Testing @ 10:00	<b>21</b> Games	<b>22</b> Games
<b>25</b> Bridge and Games Health notes with Linda	<b>26</b> Games	<b>27</b> Planet Thrift & Easter Celebration at Golden Corral	<b>28</b> Games	<b>29</b> CENTER CLOSED <b>HAPPY EASTER!</b> 

MARCH

ADSS NUTRITION PROGRAM

WINTER 2013/LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu 6 Orange Juice Brunswick Stew Buttered Rice Spring Vegetables Wheat Breadstick Margarine Fig Bar Milk</p>	<p>First - Tuesday MANAGERS' MEETING MARCH 5, 2013 11:00 A.M. OSCS Highland Room</p>	<p>Menu 8 Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Orange Gelatin Milk/Chocolate Milk</p>	<p>Menu 9 Blended Juice Breaded Pork Patty/Brown Gravy Country Potatoes Collard Greens Cornbread Margarine Lemon Pudding Milk/Buttermilk</p>	<p>Menu 5 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>
<p>Menu 4 Orange Juice Brunswick Stew Buttered Rice Spring Vegetables Wheat Breadstick Margarine Fig Bar Milk</p>	<p>Menu 7 Orange/Pineapple Juice BBQ Chicken Diced/Bun Northern Beans Glazed Carrots Margarine Oatmeal Creme Pie Milk</p>	<p>Menu 13 Tomato Juice <b>Vegetable Plate:</b> Macaroni &amp; Cheese Black-eyed Peas Turnip Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk</p>	<p>Menu 14 BBQ Rib Patty Whipped Potatoes Mixed Vegetables Fresh Fruit Wheat Bread Margarine Cherry Gelatin Milk</p>	<p>Menu 10 Meatballs (3)/Spaghetti Sauce Whole Grain Penne Pasta Italian Vegetables Fresh Fruit Texas Bread Margarine Birthday Cake Milk</p>
<p>Menu 11 Grape Juice Braised Beef/Noodles Country Vegetables Cabbage Wheat Bread Margarine Oats &amp; Honey Goldfish Cookie Milk <b>Alternate: Stuffed Pepper Casserole</b></p>	<p>Menu 12 Beef Fingers(3)/Brown Gravy Whipped Sweet Potatoes Broccoli Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk</p>	<p>Menu 18 Sliced Turkey/Gravy Whipped Sweet Potatoes Succotash Fresh Fruit Texas Bread Margarine Cranberry Congealed Salad Milk</p>	<p>Menu 19 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>	<p>Menu 15 Orange Pineapple Juice Italian Mac Casserole/ Whole Grain Penne Pasta Italian Green Beans Tossed Salad/Ranch Dressing Whole Wheat Bread Margarine Fudge Brownie Milk</p>
<p>Menu 16 Apple Juice Meatloaf/Brown Gravy Country Potatoes Peas &amp; Carrots Whole Wheat Bread Margarine Lemon Cake Milk</p>	<p>Menu 17 Cranberry Juice Chicken Noodle Casserole/ Whole Grain Penne Pasta Garden Vegetables Scalloped Tomatoes Wheat Bread Margarine Vanilla Goldfish Cookie Milk</p>	<p>Menu 3 Cranberry Juice Chicken and Tortilla Dumplings Green Peas Rutabagas Wheat Bread Margarine Assorted Snack Cakes/Cookies Milk</p>	<p>Menu 20 Grilled Pork Patty/Brown Gravy Buttered Rice Mustard Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk</p>	<p>Menu 22 Grilled Pork Patty/Brown Gravy Buttered Rice Mustard Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk</p>
<p>Menu 1 Orange Juice Honey Mustard Chicken Strips(3) Country Corn Buttered Carrots Whole Wheat Bread Margarine Pineapple Tidbits Milk</p>	<p>Menu 2 Smoked Sausage Blackeyed Peas Mixed Greens Fresh Fruit Cornbread Margarine Strawberry Gelatin Milk/Buttermilk</p>	<p>Menu 27 Cranberry Juice Chicken and Tortilla Dumplings Green Peas Rutabagas Wheat Bread Margarine Assorted Snack Cakes/Cookies Milk</p>	<p>Theme Meal Orange Juice Ham/Pineapple Sauce Scalloped Potatoes Peas &amp; Carrots Wheat Breadstick Margarine German Chocolate Cake Milk</p>	<p>Menu 20 Grilled Pork Patty/Brown Gravy Buttered Rice Mustard Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk</p>
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**Easter Holiday  
Centers Closed**