













# September, 2015

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
Center is open Monday-Friday 9 a.m.—1 p.m.	<b>1</b> <b>Bingo &amp; UNO</b>	<b>2</b> <b>Blood Pressure Check</b> Laura with Affinity Hospice at 10:30	<b>3</b> <b>Nine Hole Golf &amp; Rummikub</b>	<b>4</b> <b>Pictionary Game</b> 5 Rose Mary Campisi
<b>7</b> <b>Closed LABOR DAY</b>  Billy Holsonbeck	<b>8</b> <b>Nutritional Information</b> <b>WII Bowling</b> 	<b>9</b> <b>School Day Memories</b> Bring one of your School Pictures	<b>10</b> <b>Bingo &amp; Canasta</b>  JP Weems	<b>11</b> <b>Word Games</b> 12 Sue Gamble
<b>14</b> <b>Bingo &amp; Bridge</b>	<b>15</b> <b>Rummikub</b> 	<b>16</b> <b>Chair Exercise 11:15</b> 	<b>17</b> <b>Nutritional Information Games</b> 	<b>18</b> <b>Games</b> 
<b>21</b> <b>Bingo &amp; Bridge</b>	<b>22</b> <b>Nutritional Information</b> <b>Bingo &amp; UNO</b>	<b>23</b> <b>Chair Exercise 11:15</b>	<b>24</b> <b>Rook Canasta</b>	<b>25</b> <b>Ship Information Games</b> 27 Leroy Barber
<b>28</b> <b>Nutritional Information Games</b> Ruth Bishop	<b>29</b> <b>Rook Canasta</b>	<b>30</b> <b>Day Trip on The Coosa Queen</b> 		<b>Birthdays In Green</b> 



Noon Meal



SUMMER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Menu 2</u> 1 Cranberry Juice Baked Ham Whipped Sweet Potatoes Spinach Wheat Bread Margarine Chocolate Cake Milk	<u>Menu 3</u> 2 Spaghetti Casserole Green Beans Tossed Salad/Ranch Dressing Fresh Fruit Wheat Breadstick Margarine Raisin Crème Pie Milk	<u>Menu 4</u> 3 Grape Juice Smoked Sausage/Bun Red Beans & Rice Coleslaw Diced Onions Mustard Cherry Fruited Gelatin Milk	<u>Menu 5</u> 4 Tomato Juice <b>Vegetable Plate:</b> Macaroni & Cheese Field Peas/Snaps Collard Greens Cornbread Margarine Sugar Cookies - 2 Milk/Buttermilk
 CENTERS CLOSED	<u>Menu 7</u> 8 Orange Juice Sausage Patty – 2 Hashbrown Casserole Applesauce Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk	<u>Menu 8</u> 9 <b>Turkey/Cheese Sandwich</b> Sliced Turkey/Cheese Lettuce/Tomato Wheat Bread - 2 Carrot Raisin Salad Fresh Fruit Mayonnaise/Mustard Lemon Pudding Milk	<u>Menu 9</u> 10 Apple Juice Smothered Chicken Delmonico Potatoes Turnip Greens Cornbread Margarine Birthday Cake Milk/Buttermilk	<u>Menu 10</u> 11 <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk
<u>Menu 11</u> 14 Orange Juice Chicken Alfredo Country Corn Baby Carrots Whole Wheat Bread Margarine Oatmeal Cookies - 2 Milk	<u>Menu 12</u> 15 Grape Juice Hot Dog/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	<u>Menu 13</u> 16 Teriyaki Meatballs-3 Fried Rice Broccoli /Cheese Fresh Fruit Diced Onions Margarine Strawberry Fruited Gelatin Milk	<u>Menu 14</u> 17 BBQ Chicken Diced Blackeyed Peas Rutabagas Sliced Peaches Hamburger Bun Yellow Cake Milk	<u>Menu 15</u> 18 Blended Juice Meatloaf/Tomato Sauce Lima Beans Mixed Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk
<u>Menu 16</u> 21 Orange Juice Sausage Patty – 2 Cheese Grits Hot Spiced Apples Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk	<u>Menu 17</u> 22 <b>Chicken Soft Taco</b> Diced Chicken Taco Meat Taco Salad Mix Flour Tortilla Mexican Corn Black Beans Taco Sauce Marble Cake Milk	<u>Menu 18</u> 23 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	<u>Menu 19</u> 24 Grape Juice Ham & White Beans Mustard Greens Diced Pears Cornbread Margarine <b>Assorted Snack Cakes/Cookies</b> Milk/Buttermilk	<u>Menu 20</u> 25 Apple Juice Mozzarella Chicken Whole Grain Penne/Tomatoes Green Beans/Red Peppers Wheat Breadstick Margarine Lime Gelatin Milk
<u>Menu 1</u> 28 Chop Steak/Gravy Whipped Potatoes Green Peas Applesauce Wheat Roll Margarine Oatmeal Crème Pie Milk	<u>Menu 2</u> 29 Cranberry Juice Baked Ham Whipped Sweet Potatoes Spinach Wheat Bread Margarine Chocolate Cake Milk	<u>Menu 3</u> 30 Spaghetti Casserole Green Beans Tossed Salad/Ranch Dressing Fresh Fruit Wheat Breadstick Margarine Raisin Crème Pie Milk		