

# April, 2013

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<b>1</b>  <b>April Fool's</b>	<b>2</b> <b>Games</b>	<b>3</b> <b>Laughter's the Best Medicine</b>	<b>4</b>	<b>5</b> <b>Morning Devotional With Beth 11:00</b>
<b>8</b> <b>Bridge and Games</b> 	<b>9</b> <b>Games</b>	<b>10</b> <b>Day Trip to Florence, AL</b> 	<b>11</b> <b>Health Notes</b>	<b>12</b> <b>Joy with the Library 11:00</b>  <b>Faith Lutheran &amp; Faith Methodist Yard Sales</b>
<b>15</b> <b>Bridge and Games</b>	<b>16</b> <b>Games</b> 	<b>17</b> <b>Exercise &amp; Games</b>	<b>18</b>	<b>19</b> <b>Lunch at Charlie B's</b> 
<b>22</b> <b>Games</b>  <b>Auction with Belinda</b>	<b>23</b> <b>Games</b> 	<b>24</b> <b>Ombudsman (elder abuse-10:30)</b>  <b>Dessert Buffet At 1:01</b> 	<b>25</b> <b>Games</b>	<b>26</b> <b>Games</b>
<b>29</b> <b>Bridge and Games</b> <b>* Visit Yogurt Mountain</b> 	<b>30</b> <b>Games</b>			<b>Center is open Monday-Friday 9:00—1:00pm.</b>

\*April 22-26 is Volunteer Appreciation Week. Our volunteers will be recognized the 29th.

APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Menu 1</b> 1 Cranberry Juice Chicken and Tortilla Dumplings Buttered Carrots Hot Country Tomatoes Whole Wheat Bread Margarine Oatmeal Crème Pie Milk <b>Alternate: Chicken Alfredo</b>	<b>Menu 2</b> 2 Apple Juice Breaded Pork/Brown Gravy Whipped Potatoes Green Peas Wheat Bread Margarine Chocolate Pudding Milk	<b>Menu 3</b> 3 Meatballs/Spaghetti Sauce Whole Grain Penne Pasta California Vegetables Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Birthday Cake Milk	<b>Menu 4</b> 4 Tomato Juice <b>Vegetable Plate:</b> Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	<b>Menu 5</b> 5 Smoked Sausage Northern Beans Garden Vegetables Fresh Fruit Diced Onions Hot Dog Bun Mustard Cherry Gelatin Milk
<b>Menu 6</b> 8 Apple Juice Swiss Steak Buttered Rice Mixed Vegetables Wheat Bread Margarine Pineapple Tidbits Milk	<b>Menu 7</b> 9 <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk	<b>Menu 8</b> 10 BBQ Chicken Diced Cabbage Country Vegetables Fresh Fruit Hamburger Bun Margarine Lemon Pudding Milk	<b>Menu 9</b> 11 Blended Juice Braised Beef/Noodles Green Peas Rutabagas Wheat Breadstick Margarine Nutty Buddy Milk	<b>Menu 10</b> 12 Orange/Pineapple Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Turnip Greens Cornbread Margarine Chocolate Cake Milk/Buttermilk
<b>Menu 11</b> 15 Orange Juice Chicken Noodle Casserole Whole Kernel Corn Green Beans Whole Wheat Bread Margarine Raisin Crème Pie Milk	<b>Menu 12</b> 16 Meatloaf/Brown Gravy Whipped Potatoes Mixed Greens Fresh Fruit Cornbread Margarine Cranberry Congealed Salad Milk/Buttermilk	<b>Menu 13</b> 17 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	<b>Menu 14</b> 18 BBQ Rib Patty Northern Beans Broccoli Sliced Peaches Wheat Bread Margarine Yellow Cake Milk	<b>Menu 15</b> 19 Cranberry Juice Beef Tips and Rice Okra and Tomatoes Glazed Carrots Wheat Bread Margarine Oats and Honey Goldfish Cookie Milk
<b>Menu 16</b> 22 Apple Juice Grilled Pork/Gravy Delmonico Potatoes Brussels Sprouts Whole Wheat Bread Margarine Lemon Cake Milk	<b>Menu 17</b> 23 Grape Juice Italian Macaroni Casserole Green Beans Tossed Salad/Italian Dressing Texas Bread Margarine Vanilla Goldfish Cookie Milk	<b>Menu 18</b> 24 Honey Mustard Chicken Strips (3) Brown Rice Mustard Greens Fresh Fruit Cornbread Margarine Orange Gelatin Milk/Buttermilk	<b>Menu 19</b> 25 Cranberry Juice Ham & White Beans Whole Kernel Corn Marinated Slaw Wheat Bread Margarine Fudge Crème Cookie Milk	<b>Menu 20</b> 26 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk
<b>Menu 1</b> 29 Cranberry Juice Chicken and Tortilla Dumplings Buttered Carrots Hot Country Tomatoes Whole Wheat Bread Margarine Oatmeal Crème Pie Milk <b>Alternate: Chicken Alfredo</b>	<b>Menu 2</b> 30 Apple Juice Breaded Pork/Gravy Whipped Potatoes Green Peas Wheat Bread Margarine Chocolate Pudding Milk			