








# DECEMBER, 2011



Senior Activity Center, Clay, AL

681-0238



Linda Love, Director

Mon	Tue	Wed	Thu	Fri
			1 Games	2 Games Craft Show at Faith Lutheran Church We will leave here at 9:45 a.m.
5 Games Bingo Night ride to Palisades Park to see Christmas Light Show & Supper in Oneonta Leave here 5:00 p.m.	6 Games Games Games	7 Games <b>Story Time:</b> <b>Jim Reed from Reed Book Store 11:00</b> Exercise 10:30	 Games  Bible Bowl Game	9 Games  Make Gingerbread Boys and Girls (It Is Easy)
12 Games Bingo  Girls from Clay Chalkville School to visit 11:00	13 Games Games Games  	14 Games Exercise Time 10:30	15 Bingo here with friends from Elmcroft Asst. Liv- ing, then to their place for lunch. Sign up	16 Games  <b>SANTA</b> will be here so bring your Christmas wish list
<b>19 Christmas Party Here</b> Bring an ornament for the Ornament Swap. Singing Santa will be here to entertain us-A special lunch will be provided for you	20 Games Games  	21 Games Exercise 10:30  	22 Games <b>Belinda Dove of Lifecare here-bring lots of odds and ends items in your purses or pockets for a game.</b>	23  <b>CLOSED FOR CHRISTMAS HOLIDAYS</b>  
<b>25 MERRY CHRISTMAS</b> ***** 26 CLOSED MOST OF	27 WEEK	28 Center Open For Those Who Can Drive Themselves Or Get A Ride-Bring Sack Lunch	29 CLOSED	30 CLOSED  Reopen Jan. 3

DECEMBER

ADSS NUTRITION PROGRAM

FALL 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p style="text-align: center;"><b>Center Managers' Meeting (for everyone)</b>  <b>December 6, 2011 @ 11:00 a.m. – 1:00 p.m.</b></p> <p style="text-align: center;"><b>Oak Knoll Health &amp; Rehabilitation</b>              824 – 6<sup>th</sup> Avenue, West              Birmingham, AL</p>			<p><b>Menu 4</b> 1</p> <p>Orange Pineapple Juice              Chicken Noodle Casserole              Corn &amp; Limas              Herbed Green Beans              Wheat Bread              Margarine              Chocolate Cake              Milk</p>	<p><b>Menu 5</b> 2</p> <p><b>Taco Salad:</b>              Taco Meat              Lettuce/Tomato/Cheese              Pinto Beans              Corn Chips              Taco Sauce              Cherry Gelatin              Milk/Chocolate Milk</p>
<p><b>Menu 6</b> 5</p> <p>Meatballs(3)/Spaghetti Sauce              Penne Pasta              California Vegetables              Pineapple Tidbits              Wheat Bread              Margarine              Nutty Buddy Bar              Milk</p>	<p><b>Menu 7</b> 6</p> <p>Cranberry Juice              Chicken Supreme              Green Peas              Hot Country Tomatoes              Wheat Roll              Margarine              Strawberry Delight Cookie              Milk</p>	<p><b>Menu 8</b> 7</p> <p>Apple Cherry Juice              Frankfurter/Bun              Baked Beans              Coleslaw/Carrots              Diced Onions              Ketchup/Mustard/Mayonnaise              Hot Apple Cobbler              Milk</p>	<p><b>Menu 9</b> 8</p> <p>Grilled Pork Patty/Brown Gravy              Garlic Whipped Potatoes              Mustard Greens              Fresh Fruit              Cornbread              Margarine              Raspberry Gelatin              Milk/Buttermilk</p>	<p><b>Menu 10</b> 9</p> <p>Grape Juice              Braised Beef/Noodles              Mixed Beans              Summer Vegetables              Wheat Bread              Margarine              Lemon Cake              Milk</p>
<p><b>Menu 11</b> 12</p> <p>Cranberry Juice              Grilled Chicken Fingers(3)/Onion              Gravy              Country Potatoes              Mixed Vegetables              Wheat Bread              Margarine              Fig Bar              Milk</p> <p><i>Picnics</i>  <i>Ladies To The Chocolate Biscuit)</i></p>	<p><b>Menu 12</b> 13</p> <p>Blended Juice              Italian Beef/Macaroni              Green Beans              Tossed Salad/Italian Dressing              Multigrain Bread              Margarine              Birthday Cake              Milk</p>	<p><b>Menu 13</b> 14</p> <p>Glazed Chicken Breast              Buttered Rice              Peas &amp; Carrots              Fresh Fruit              Texas Bread              Margarine              Orange Gelatin              Milk</p>	<p><b>Menu 14</b> 15</p> <p>Hamburger/Bun              Baked Beans              Potato Salad              Lettuce/Tomato/Onion              Ketchup/Mustard/Mayonnaise              Hot Peach Crisp              Milk/Chocolate Milk              (to Elmhurst)</p> <p><i>Picnics</i></p>	<p><b>Menu 15</b> 16</p> <p>Grape Juice              Ham &amp; White Beans              Mixed Greens              Rutabagas              Cornbread              Margarine              Fudge Crème Cookie              Milk/Buttermilk</p>
<p><b>Menu 16</b> 19</p> <p>Apple Cherry Juice              Beef Stew              Yellow Rice              Cabbage              Multigrain Bread              Margarine              Chocolate Marshmallow Pie              Milk</p> <p><i>Picnics</i>  <i>Cater in Jim + Nick's</i></p>	<p><b>Menu 17</b> 20</p> <p>Orange/Pineapple Juice  <b>Vegetable Plate:</b>              Macaroni &amp; Cheese              Blackeyed Peas              Turnip Greens              Cornbread              Margarine  <b>Assorted Snack Cakes/Cookies</b>              Milk/Buttermilk</p>	<p><b>Menu 18</b> 21</p> <p>Sliced Turkey/Gravy              Cornbread Dressing              Broccoli              Sliced Peaches              Wheat Bread              Margarine              Yellow Cake  <b>Assorted Milks</b></p>	<p><b>Theme Menu 2</b> 22</p> <p>Baked Ham              Candied Sweet Potatoes              Green Beans/Mushrooms              Christmas Fruit Cup              Multigrain Bread              Margarine              Coconut Cake              Milk</p>	<p><b>Menu 20</b> 23</p> <p>Meatloaf/Brown Gravy              Whipped Potatoes              Glazed Carrots              Fresh Fruit              Wheat Bread              Margarine              Cranberry Congealed Salad              Milk</p> <p><i>closed</i></p>
<p>26</p> <p style="text-align: center;"><b>Christmas Holiday</b> Centers Closed</p>	<p>27</p> <p style="text-align: center;"><b>Christmas Holiday</b> Centers Closed</p>	<p>28</p> <p style="text-align: center;"><b>Christmas Holiday</b> Centers Closed</p>	<p>29</p> <p style="text-align: center;"><b>Christmas Holiday</b> Centers Closed</p>	<p>30</p> <p style="text-align: center;"> <b>New Year's Eve</b> Centers Closed</p>