

## Press Release

### Bluewater Publications

#### Living Lively after Retirement- Birmingham Author Speaking

FOR IMMEDIATE RELEASE

Clay, Alabama (Monday, September 9, 2019) --- At a time when most people are quietly fading into retirement, 77-year-old Gayle Young is a sophomore in college and has published her first book! Young's novel *Redbirds, Roses, and Ghosts* (ISBN: 978-1-949711-03-5) shares her funny story of trying to reinvent herself after retirement with all the fun and pitfalls that beset her.

**Young will speak on her debut novel at the City of Clay Public Library Saturday, September 28, 2019 at 11:00 a.m. The event is open to the public.**

Young is a Birmingham, Alabama native and now lives in Clay, Alabama where her ancestors were city founders. After working in a law office and raising four children, she is now retired and has time to pursue her passion for writing. In addition to *Redbirds, Roses, and Ghosts*, she has published nostalgic pieces and short stories in newspapers and anthologies.

To find out more about Gayle Young and her publications, visit Bluewater Publications or <https://www.facebook.com/gyoungauthor/>. *Redbirds, Roses, and Ghosts* is available on Amazon.

