


JULY

ADSS NUTRITION PROGRAM

SUMMER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Menu 1</u> 2</p> <p>Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk</p>	<p><u>Independence Day Meal</u> 3</p> <p>BBQ Chicken Legs (2) Baked Beans Coleslaw Fresh Fruit Texas Bread Margarine Banana Pudding/Wafers Milk</p>	<p>4</p>  <p>Centers Closed</p>	<p><u>Menu 4</u> 5</p> <p>Cranberry Juice BBQ Rib Patty/Bun Green Limas Corn O'Brien Marble Cake Milk</p>	<p><u>Menu 5</u> 6</p> <p>Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk</p>
<p><u>Menu 6</u> 9</p> <p>Blended Juice Beef Stroganoff Garden Vegetables Mandarin Oranges/Pineapples Whole Wheat Bread Margarine Fig Bar Milk</p>	<p><u>Menu 7</u> 10</p> <p>Meatloaf/Tomato Gravy Delmonico Potatoes Green Beans Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk</p>	<p><u>Menu 8</u> 11</p> <p>Turkey/Cheese Sandwich Sliced Turkey/Cheese – 2 slices ea. Wheat Bread - 2 Lettuce/Tomato Mayonnaise/Mustard Sun Chips Three Bean Salad Fresh Fruit Milk</p>	<p><u>Menu 9</u> 12</p> <p>Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 10</u> 13</p> <p>Grape Juice Beef Strips/Gravy (3) Country Potatoes Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk</p>
<p><u>Menu 11</u> 16</p> <p>Cranberry Juice Sausage Patty (3) Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk</p>	<p><u>Menu 12</u> 17</p> <p>Meatballs /Spaghetti Sauce (3) Whole Grain Penne/Tomatoes Parslied Carrots Fresh Fruit Texas Bread Margarine Fudge Round Milk</p>	<p><u>Menu 13</u> 18</p> <p>Orange Juice BBQ Chicken/Bun Field Peas/Snaps Baked Potato Salad Lemon Fruited Gelatin Milk</p>	<p><u>Menu 14</u> 19</p> <p>Chicken Taco Meat Whole Kernel Corn Fiesta Vegetables Taco Salad Mix (1/2 cup) Flour Tortilla Taco Sauce Sour Cream Oatmeal Crème Pie Milk</p>	<p><u>Menu 15</u> 20</p> <p>Apple Juice Ham & Macaroni Casserole Mustard Greens Okra and Tomatoes Cornbread Margarine Chocolate Cake/Whipped Topping Milk/Buttermilk</p>
<p><u>Menu 16</u> 23</p> <p>Orange Juice Chicken Jambalaya Italian Green Beans Glazed Carrots Whole Wheat Bread Margarine Jelly Crème Pie Milk</p>	<p><u>Menu 17</u> 24</p> <p>Hamburger/Bun Baked Beans Corn Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 18</u> 25</p> <p>Blended Juice Smoked Sausage Black-eyed Peas Turnip Greens Cornbread Margarine Cherry Fruited Gelatin Milk/Buttermilk</p> <p><i>Picnic Lunched</i></p>	<p><u>Menu 19</u> 26</p> <p>Cheesy Beef Casserole Mixed Vegetables Tossed Salad/Ranch Dressing Fresh Fruit Dinner Roll Margarine Assorted Snack Cake/Cookie Milk</p>	<p><u>Menu 20</u> 27</p> <p>Apple Juice Smothered Chicken Legs (2) Mixed Beans Broccoli Casserole Wheat Bread Margarine White Cake Milk</p>
<p><u>Menu 1</u> 30</p> <p>Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk</p>	<p><u>Menu 2</u> 31</p> <p>Glazed Ham Whipped Sweet Potatoes Collard Greens Fresh Fruit Cornbread Margarine Strawberry Swirl Pudding Milk/Buttermilk</p>	