








MARCH, 2012

Senior Activity Center, Clay, AL

681-0238

Linda Love, Director

Mon	Tue	Wed	Thu	Fri
	1 Games Games	2 May Day Events Exercise Picnic today Where ? 	3 Game Day	4 Games Shopping for those who need to go.
7 Games Tommy and Sid Bailey from Bailey's Auto and Tire here to share about their business.  	8 Games Games	9 Games Exercise Baron's Baseball for those going. Leave here at 9:45 	10 Games	11 Mother's Day Luncheon. Regina will cook for all of us
14 Day Trip Ride to two covered bridges In Blount County and eat lunch at Charlie B's In Oneonta	15 Games Games 	16 Games Exercise Beth to do a bible game for us 	17 Games	18 Games Breakfast will be served today—9:30 French Toast & Bacon
21 Games Sue West to bring her King Charles Spaniel dogs "Rusty and Sophie". 10:00	22 Games Games	23 Games Exercise Fire Dept. Day Our local firemen will visit.	24 Games Linda P. to lead us in a fun game today	25 Games Possibly going fishing at Cosby Lake today 
28 CLOSED MEMORIAL DAY	29 Games Games	30 Games Exercise Trinity Hospital to have Doctor come talk on heart health	31 Games Make Orange Rolls Today	

Noon Menu

MAY

ADSS NUTRITION PROGRAM

SPRING 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Menu 2</u> 1 Apple Juice Swiss Steak Country Potatoes Green Peas Wheat Roll Margarine Chocolate Pudding Milk	<u>Menu 3</u> 2 Smoked Sausage Northern Beans Garden Vegetables Fresh Fruit Hot Dog Bun Mustard Cherry Gelatin Milk <i>30-pieces</i>	<u>Menu 4</u> 3 Tomato Juice Vegetable Plate: Macaroni and Cheese Black Eyed Peas Collard Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	<u>Menu 5</u> 4 Meatballs/Spaghetti Sauce Penne Noodles Italian Vegetables Tossed Salad/Ranch Dressing Texas Bread Margarine Birthday Cake Milk
<u>Menu 6</u> 7 Orange Juice Meatloaf/Brown Gravy Elmironic Potatoes Mixed Vegetables Wheat Bread Margarine Apple Tidbits Milk	<u>Menu 7</u> 8 Chicken/Biscuit Gravy Rice Pilaf Cabbage Peaches/Mandarin Oranges Wheat Bread Margarine Chocolate Marshmallow Pie Milk	<u>Menu 8</u> 9 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk <i>15-pieces</i>	<u>Menu 9</u> 10 Blended Juice BBQ Rib Patty Broccoli & Carrots Fresh Fruit Wheat Bread Margarine Chocolate Cake Milk	<u>Menu 10</u> 11 Apple Cherry Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Turnip Greens Cornbread Margarine Lemon Pudding Milk/Buttermilk <i>20-pieces</i>
<u>Menu 11</u> 14 Orange/Pineapple Juice Stuffed Pepper Casserole Green Peas Buttered Carrots Wheat Bread Margarine Crisp Cream Pie Milk Alternate: Braised Beef/Noodles <i>70 meals</i>	<u>Menu 12</u> 15 BBQ Meatballs Ranch Beans Mixed Greens Sliced Peaches Cornbread Margarine Yellow Cake Milk/Buttermilk	<u>Menu 13</u> 16 Cranberry Juice Chicken Noodle Casserole Green Beans Rutabagas Multigrain Bread Margarine Nutty Buddy Bar Milk	<u>Menu 14</u> 17 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	<u>Menu 15</u> 18 Chicken Fingers/Gravy Buttered Rice Fiesta Vegetables Fresh Fruit Wheat Bread Margarine Cranberry Congealed Salad Milk
<u>Menu 16</u> 21 Apple Juice Stuffed Pork/Gravy Whipped Potatoes Spring Vegetables Multigrain Bread Margarine Lemon Cake Milk	<u>Menu 17</u> 22 Italian Macaroni Green Beans Tossed Salad/Italian Dressing Fresh Fruit Wheat Bread Margarine Fudge Brownie Milk	<u>Menu 18</u> 23 Blended Juice Chicken Breast/Biscuit Gravy Mixed Beans Mustard Greens Cornbread Margarine Orange Gelatin Milk/Buttermilk	<u>Menu 19</u> 24 Grape Juice Ham & Potato Casserole Broccoli Marinated Slaw Wheat Bread Margarine Fig Bar Milk	<u>Menu 20</u> 25 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Crisp Milk/Chocolate Milk
Centers Closed Memorial Day	<u>Menu 2</u> 29 Apple Juice Swiss Steak Country Potatoes Green Peas Wheat Roll Margarine Chocolate Pudding Milk	<u>Menu 3</u> 30 Smoked Sausage Northern Beans Garden Vegetables Fresh Fruit Hot Dog Bun Mustard Cherry Gelatin Milk	<u>Menu 4</u> 31 Tomato Juice Vegetable Plate: Macaroni and Cheese Black Eyed Peas Collard Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	