


SEPTEMBER

ADSS NUTRITION PROGRAM

SUMMER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Happy Labor Day Centers Closed</p>	<p><u>Menu 7</u> Meatloaf/Tomato Gravy Delmonico Potatoes Green Beans Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk</p>	<p><u>Menu 8</u> <b>Turkey/Cheese Sandwich</b> Sliced Turkey/Cheese – 2 slices ea. Wheat Bread - 2 Lettuce/Tomato Mayonnaise/Mustard Sun Chips Three Bean Salad Fresh Fruit Milk</p>	<p><u>Menu 9</u> Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 10</u> Grape Juice Beef Strips/Gravy (3) Country Potatoes Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk</p>
<p><u>Menu 11</u> Cranberry Juice Sausage Patty (3) Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk</p>	<p><u>Menu 12</u> Meatballs /Spaghetti Sauce (3) Whole Grain Penne/Tomatoes Parslied Carrots Fresh Fruit Texas Bread Margarine Fudge Round Milk</p>	<p><u>Menu 13</u> Orange Juice BBQ Chicken/Bun Field Peas/Snaps Baked Potato Salad Lemon Fruited Gelatin Milk</p>	<p><u>Menu 14</u> Chicken Taco Meat Whole Kernel Corn Fiesta Vegetables Taco Salad Mix (1/2 cup) Flour Tortilla Taco Sauce Sour Cream Oatmeal Crème Pie Milk</p>	<p><u>Menu 15</u> Apple Juice Ham &amp; Macaroni Casserole Mustard Greens Okra and Tomatoes Cornbread Margarine Chocolate Cake/Whipped Topping Milk/Buttermilk</p>
<p><u>Menu 16</u> Orange Juice Chicken Jambalaya Italian Green Beans Glazed Carrots Whole Wheat Bread Margarine Jelly Crème Pie Milk</p>	<p><u>Menu 17</u> Hamburger/Bun Baked Beans Corn Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 18</u> <del>Blended Juice Smoked Sausage Black-eyed Peas Turnip Greens Cornbread Margarine Cherry Fruited Gelatin Milk/Buttermilk</del></p> <p><i>Pineapple</i></p>	<p><u>Menu 19</u> Cheesy Beef Casserole Mixed Vegetables Tossed Salad/Ranch Dressing Fresh Fruit Dinner Roll Margarine Assorted Snack Cake/Cookie Milk</p>	<p><u>Welcome Fall! Meal</u> Cranberry Juice Smothered Chicken Legs (2) Diced Sweet Potatoes Green Bean Casserole Cornbread Margarine White Cake Milk/Buttermilk</p>
<p><u>Menu 1</u> Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk</p>	<p><u>Menu 2</u> Glazed Ham Whipped Sweet Potatoes Collard Greens Fresh Fruit Cornbread Margarine Strawberry Swirl Pudding Milk/Buttermilk</p>	<p><u>Menu 3</u> Orange Juice Chicken Rotini Casserole Green Beans Tossed Salad/Ranch Dressing Whole Wheat Bread Margarine Chocolate Chip Crème Pie Milk</p>	<p><u>Menu 4</u> Cranberry Juice BBQ Rib Patty/Bun Green Limas Corn O'Brien Marble Cake Milk</p>	<p><u>Menu 5</u> <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk</p>