

# February, 2016

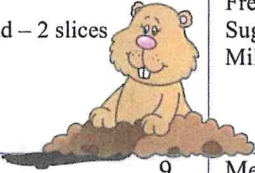



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<b>1</b> <b>Bridge and Bingo</b>	<b>2</b> <b>UNO &amp; Rook</b>	<b>3</b> <b>Blood Pressure Check</b> 	<b>4</b> <b>Golf &amp; Canasta</b>	<b>5</b> <b>Crossword puzzle</b>
<b>8</b> <b>Nutritional Information</b> <b>Board Games</b>	<b>9</b>  Celebrate Mardi Gras	<b>10</b> <b>Chair Exercise</b>  Joyce Griswold	<b>11</b> <b>Golf &amp; Canasta</b> 	<b>12</b> <b>Happy Valentine's Day with Wolfgang</b>
<b>15</b> <b>Bridge and Bingo</b>	<b>16</b> <b>Rook</b> 	<b>17</b> <b>Out to Lunch at the City Market Grill and Buffet in Pell City.</b>	<b>18</b> <b>Nutritional Information</b>	<b>19</b> <b>WII Bowling</b>  20 Dot Mercer 21 Gail Kohser
<b>22</b> <b>Word Games</b>	<b>23</b> <b>Nutritional Information</b>	<b>24</b> <b>Chair Exercise</b> 	<b>25</b> <b>SOS Presentation</b>	<b>26</b> <b>Board Games</b>
<b>29</b> <b>Bridge and Bingo</b> 		<b>Birthdays In Purple</b> 		<b>Center is open Monday-Friday 9:00-1:00 p.m.</b>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Menu 1</b> 1 Grape Juice Chicken Tetrazinni Green Peas Cold Country Tomatoes Wheat Breadstick Margarine Peanut Butter Crème Pie Milk	<b>Menu 2</b> 2 Orange Juice Ham and Cheese Sandwich Vegetable Soup Lettuce/Tomato Whole Wheat Bread – 2 slices Mustard Mayonnaise Fudge Brownie Milk 	<b>Menu 3</b> 3 BBQ Chicken/Bun Butter Beans Coleslaw Fresh Fruit Sugar Cookies - 2 Milk	<b>Menu 4</b> 4 <b>Taco Salad:</b> Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Lime Gelatin Milk	<b>Menu 5</b> 5 Apple Juice Chopped Steak/Gravy Country Potatoes Turnip Greens Cornbread Margarine Marble Cake Milk/Buttermilk
<b>Menu 6</b> 8 Blended Juice Chicken and Dumplings Mixed Vegetables Pineapple Tidbits Wheat Roll Margarine White Cake Milk	<b>Menu 7</b> 9 <b>Chef Salad:</b> Diced Ham Chef Salad Mix Ranch Dressing-2 Black Bean/CornSalad Saltine Crackers Tapioca Pudding Milk	<b>Menu 8</b> 10 Tomato Juice <b>Vegetable Plate:</b> Macaroni & Cheese Black-eyed Peas Cabbage Cornbread Margarine Nutty Buddy Milk/Buttermilk	<b>Menu 9</b> 11 Teriyaki Meatballs-3 Fried Rice Green Beans/Red Peppers Fresh Fruit Texas Bread Margarine Butterscotch Pudding Milk	<b>Menu 10</b> 12 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard Hot Apple Cobbler Milk/Chocolate Milk
<b>Menu 11</b> 15 Cranberry Juice Brunswick Stew Brown Rice Cabbage Wheat Breadstick Margarine Fig Bar Milk 	<b>Menu 12</b> 16 Orange Juice Sausage Patty – 2 Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Apple Cinnamon Oatmeal Bar Milk	<b>Menu 13</b> 17 BBQ Chicken Strips – 3 Country Corn Mustard Greens Fresh Fruit Cornbread Margarine Lemon Gelatin Milk/Buttermilk	<b>Menu 14</b> 18 Grape Juice Spaghetti Casserole Green Peas Tossed Salad/Italian Dressing Wheat Breadstick Margarine Chocolate Cake/Whipped Topping Milk	<b>Menu 15</b> 19 <b>Ranch Grilled Chicken Sandwich:</b> Grilled Chicken/Bun Lettuce/Tomato Ranch Dressing Mustard Potato Chips Three Bean Salad Tropical Fruit Milk
<b>Menu 16</b> 22 Apple Juice Meatloaf/Tomato Sauce Delmonico Potatoes Parslied Baby Carrots Whole Wheat Bread Margarine Chocolate Chip Cookies - 2 Milk	<b>Menu 17</b> 23 Hamburger/Bun Baked Beans Potato Salad Lettuce /Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	<b>Menu 18</b> 24 Blended Juice Chili with Beans Buttered Rice Sliced Peaches Saltine Crackers Yellow Cake Milk	<b>Menu 19</b> 25 Grape Juice Smothered Chicken Breast Rutabagas Mixed Greens Cornbread Margarine Strawberry Fruited Gelatin Milk/Buttermilk	<b>Menu 20</b> 26 Smoked Sausage O'Brien Potatoes Green Beans Marinated Slaw Diced Onions Hot Dog Bun Mustard/Ketchup Oatmeal Crème Pie Milk
<b>Menu 1</b> 29 Grape Juice Chicken Tetrazinni Green Peas Cold Country Tomatoes Wheat Breadstick Margarine Peanut Butter Crème Pie Milk	