





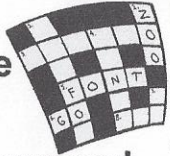



June, 2013

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
3 Bridge and Games	4 Games	5 Games 	6 Games	7 Morning Devotional With Beth 11:00
10 Bridge and Games	11 Games 	12 Password for All Fun and Prizes	13 Health Notes With Linda 11:00	14 Library time with Joy at 10:00 Father's Day Celebration! 
17 Bridge Bowling Tournament with Center Point here at 10:00 a.m.	18 Games 	19 Whistle Stop Restaurant for lunch	20 Games 	21 First Day of Summer 
24 Bridge and Games	25 Games	26 Games With Belinda	27 Games	28 Don't Split Stay for a Split (Banana Split)
30 Bridge and Giant Crossword 		Center is open Monday-Friday 9-1:00 p.m.		

JUNE

Noon Menu

ADSS NUTRITION PROGRAM

SPRING 2013

<p><u>Menu 6</u> 3 Apple Juice Swiss Steak Buttered Rice Mixed Vegetables Wheat Bread Margarine Pineapple Tidbits Milk</p>	<p><u>Menu 7</u> 4 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk</p>	<p><u>Menu 8</u> 5 BBQ Chicken Diced Cabbage Country Vegetables Fresh Fruit Hamburger Bun Margarine Lemon Pudding Milk</p>	<p><u>Menu 9</u> 6 Blended Juice Braised Beef/Noodles Green Peas Rutabagas Wheat Breadstick Margarine Nutty Buddy Milk</p>	<p><u>Menu 10</u> 7 Orange/Pineapple Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Turnip Greens Cornbread Margarine Chocolate Cake Milk/Buttermilk</p>
<p><u>Menu 11</u> 10 Orange Juice Chicken Noodle Casserole Whole Kernel Corn Green Beans Whole Wheat Bread Margarine Raisin Crème Pie Milk</p>	<p><u>Menu 12</u> 11 Meatloaf/Brown Gravy Whipped Potatoes Mixed Greens Fresh Fruit Cornbread Margarine Cranberry Congealed Salad Milk/Buttermilk</p>	<p><u>Menu 13</u> 12 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk</p>	<p><u>Menu 14</u> 13 BBQ Rib Patty Northern Beans Broccoli Sliced Peaches Wheat Bread Margarine Birthday Cake Milk</p>	<p><u>Menu 15</u> 14 Cranberry Juice Beef Tips and Rice Okra and Tomatoes Glazed Carrots Wheat Bread Margarine Oats and Honey Goldfish Cookie Milk</p>
<p><u>Menu 16</u> 17 Apple Juice Grilled Pork/Gravy Delmonico Potatoes Brussels Sprouts Whole Wheat Bread Margarine Lemon Cake Milk</p>	<p><u>Menu 17</u> 18 Grape Juice Italian Macaroni Casserole Green Beans Tossed Salad/Italian Dressing Texas Bread Margarine Vanilla Goldfish Cookie Milk</p>	<p><u>Menu 18</u> 19 Honey Mustard Chicken Strips (3) Brown Rice Mustard Greens Fresh Fruit Cornbread Margarine Orange Gelatin Milk/Buttermilk</p>	<p><u>Menu 19</u> 20 Cranberry Juice Ham & White Beans Whole Kernel Corn Marinated Slaw Wheat Bread Margarine Fudge Crème Cookie Milk</p>	<p><u>Menu 20</u> 21 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>
<p><u>Menu 1</u> 24 Cranberry Juice Chicken and Tortilla Dumplings Buttered Carrots Hot Country Tomatoes Whole Wheat Bread Margarine Oatmeal Crème Pie Milk Alternate: Chicken Alfredo</p>	<p><u>Menu 2</u> 25 Apple Juice Breaded Pork/Gravy Whipped Potatoes Green Peas Wheat Bread Margarine Chocolate Pudding Milk</p>	<p><u>Menu 3</u> 26 Meatballs/Spaghetti Sauce Whole Grain Penne Pasta California Vegetables Tossed Salad/Ranch Dressing Wheat Breadstick Margarine White Cake Milk</p>	<p><u>Menu 4</u> 27 Tomato Juice Vegetable Plate: Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Assorted Snack Cakes/Cookies Milk/Buttermilk</p>	<p><u>Menu 5</u> 28 Smoked Sausage Northern Beans Garden Vegetables Fresh Fruit Diced Onions Hot Dog Bun Mustard Cherry Gelatin Milk</p>